

# Jigsaw PSHE Information for Parents Autumn Term 1

Our Jigsaw PSHE theme for this half-term is

## 'Being Me In My World'

In our **Years 5 & 6** learning, we will be talking and thinking about the following:

- How to face new challenges positively and how to set personal goals
- What we value about our school
- Our hopes for this school year
- Our rights and responsibilities as a citizen of our country and a member of the school
- Empathising with people whose lives are different to our own
- How we can make choices about our behaviour, thinking about rewards and consequences
- Understanding how our actions or an individual's actions can affect/impact ourselves and others
- How we can contribute to a group
- How democracy and having a voice benefits the school community and know how to participate in this
- How our school community benefits from having learning passports which promote positive behaviour

In our **Years 3 & 4** learning, we will be talking and thinking about:

- How we can make people feel welcome and valued
- How our attitudes and actions can make a difference to a team
- How we can contribute and take on different roles when working as a group or team
- The different roles people have in our school community
- How democracy works through our school council and how we can contribute to school decision making
- How groups make shared decisions
- How shared decision making and having a voice benefits our school
- How our school community benefits from having learning passports which promote positive behaviour

Useful links:



internet  
matters.org

YOUNGmINDS



active  
norfolk

JustOneNorfolk.nhs.uk

Net Aware