

The 5Rs of Effective Learning

READINESS

I show a 'have a go' attitude.

I am ready to learn and believe I can do it.

I know my learning targets.

RESOURCEFULNESS

I can investigate and explore.

I use what I already know to help me learn something new.

I can try different approaches in my learning.

RESPONSIBILITY

I can work well with others in my learning.

I make good choices in my behaviour and learning.

I try hard to improve and recognise my achievements.

RESILIENCE

I can stick at a job.

I can keep going even when I find work difficult.

REFLECTIVENESS

I can think about what I am learning, and how to get better.

I look back and make connections.