

The 5Rs of Effective Learning

READINESS

- I show a 'have a go' attitude.
- I am ready to learn and believe I can do it.
- I know my learning targets.

RESOURCEFULNESS

- I can investigate and explore.
- I use what I already know to help me learn something new.
- I can try different approaches in my learning.

RESPONSIBILITY

- I can work well with others in my learning.
- I make good choices in my behaviour and learning.
- I try hard to improve and recognise my achievements.

RESILIENCE

- I can stick at a job.
- I can keep going even when I find work difficult.

REFLECTIVENESS

- I can think about what I am learning, and how to get better.
- I look back and make connections.